

## HeadStart Breakfast Menu

**April 2019** 

3

## Spring Break!

8

Cheerios

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk Ť

Yogurt

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 10

Chocolate Mini Wheats

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 11

Cream Cheese Bagel

100 % Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk 12

Chex

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk

15

Chocolate Mini Wheats

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 16

Cheerios

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 17

Rice Krispies

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 18

Yogurt

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 19

No School

22

Cheerios

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 23

**Yogurt** 

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 24

Rice Krispies

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 25

Blueberry Muffin

100% Fruit juice Choice of 1% Unflavored Milk Unflavored Skim Milk 26

Mini Wheats

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk

29

Cheerios

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 30

Blueberry Muffin

100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk

More info...

foodservice@4beloitschools.net

Having a balanced breakfast is a great way to start the day!

This institution is an equal opportunity provider.

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